



Second Annual 'Reach for the Stars' Conference
Rozsa Centre, University of Calgary
Saturday March 15, 2003

Agenda/Format

9:00 am

Registration

- Participants will be given a small package in an envelop along with a plastic bag. The envelope will contain agenda, conference evaluation survey, and Goal card.
- The bag is for their use in holding info that they will be collecting at each session.
- Participants will also receive a CVYG newsletter, pen and looseleaf paper for taking notes.

Booths

- CVYG registration
- CVYG mentorship network
- Vietnamese Student Association

9:30 - 10:25 am

Plenary Opening Session: *(Husky Oil Great Hall)*

Welcome! from CVYG

Keynote: Le Duy-Loan, Aligning your passion with your career

- The welcome address is about 5 mins, the keynote address including Q&A is 40 mins, icebreaker 5 mins and instructions for day is 5 mins

10:30 – 11:30 pm

Morning Session Rotations – Youths Only

(2 sessions in Evans Room & 2 sessions in the Great Hall)

Youths (in separate groupings of about 20) will be rotated through each of the 4 sessions below. Each session will last 12 minutes with 1 minute for rotation. At each session, the goal is for presenters to provide participants with basic info on a particular topic and to hand out tools/information.

Topic 1: Post-Secondary School/Program Options

Learn which school or program is right for you after high school

Tool: 'It's About Time' booklet (provided by CVYG)

Organizers: Alex England, Duyen Nguyen, Jeannette Vu, 1 mentor

Topic 2: Scholarships, Grants & Loans Availability

Learn about all the options of how to finance your education

Tool: info on scholarships, grants and loans (provided by Marty)

Organizers: Marty Penninga, Tuyet Lam, Thich Truong, 1 mentor

Topic 3: Goal-Setting

Learn how to set goals: a detailed how-to plan for getting what you want

Tool: the 7-step Guide to Goal-setting (provided by CVYG)

Organizers: Duy-Loan Le, Albert Allan, 1 mentor

Topic 4: Career Assessment

Learn how to build your Essential Story: What do you want out of school, career and life.

Tools: Essential Story Worksheet (provided by CVYG), Career Assessment worksheet (provided by the Youth Employment Centre)

Organizers: Hoang-Giang Pham, Hoang-Mai Ngo, 1 mentor

10:30 – 11:30 am

Parent Session (Vietnamese)

in CIBC Hub Room

ong Mac Giao/chu Bich to present on:

- 1) How to help you child assess their career interests
- 2) List post-secondary school options
- 3) Summary of scholarships, grants, loans availability, and
- 4) How to support your child in Goal-setting & Job hunting

11:30 - noon

Morning Sessions Explorations

(2 sessions in Evans Room & 2 sessions in the Great Hall)

Youths: are given the opportunity to return to each of the 4 sessions from the morning, selecting the ones that most interest them, to further explore and discuss with the presenters, facilitators, experts and youth volunteers on that topic. It's open and not structured, youths are free to wonder about and talk to all the people on hand to answer their specific questions. The goal is to have them interact and dive deeper into the information presented in the morning.

Parents: will be invited to join this exploration time as observers so they can get a sense for what types of issues/questions their children have, and better understand how they can support them.

noon – 12:45 pm

Networking Lunch

The focus would be to sign up for the mentorship program, to network with mentors, CVYG and Vietnamese Student Association representatives.

12:45 – 1:00 pm

Game: Human Scavenger Hunt

Facilitated by CVYG and VSA youths

1:05 – 2:00 pm

Afternoon Session Rotations – Youths Only

(in Evans Room & Great Hall)

Youths (in separate groupings of about 20) will be rotated through each of the 4 sessions below. Each session will last 12 minutes with 1 minute for rotation. At each session, the goal is for presenters to provide participants with basic info on a particular topic and to hand out tools/information.

Topic 5: Studying & Time Management Skills

Learn the essentials of how to study effectively and be successful at managing your school, work & personal schedules

Tools: Studying Tips/Tricks, Time Management Sheet

Organizers: Loanne Vu, Thao Nguyen, Dr. Xuan-Dieu Nguyen

Topic 6: Job Hunting, Resume & Cover Letter Writing

Learn how to find a job – either a co-op, internship, part-time, contract or full-time position. Learn the basics of putting together a resume and cover letter

Tools: Job Hunting Tips (provided by the Youth Employment Centre), Sample resume and cover letter formats, including general outline

Organizers: Duyen Nguyen, Mary Vo, 1 mentor

Topic 7: Internet Research Tips & Tricks

Learn how to use the web more effectively to find what you need

Tool: relevant web Links, fact sheet on tips and tricks

Organizers: David Nguyen, Khoi Vo, Hung Nguyen (Radio)

Topic 8: Community Involvement

Learn how volunteering help you to get a job and personal growth: where and how to locate these opportunities

Tools: resources on where to volunteer and articles on volunteering

Organizers: Phuong-Anh Pham, Brian Mai, 1 mentor

1:05 – 2:00 pm

Parent Session (Vietnamese)

in CIBC Hub Room

Question & Answer Period on the topics presented by chu Bich and o. Mac Giao or everything else parents want to talk about. Chu Bich will be the lead moderator and translator, assisted by o. Mac Giao.

Q&A Panel of experts:

- chi Le Duy-Loan – Keynote speaker
- Alex England – Prospective Students Office, University of Calgary
- Marty Penninga - Associate Director, Student Awards and Financial Aid, University of Calgary
- Susanne Albrecht – Career Counsellor, Youth Employment Centre
- Dr. Thi Dinh – Association for the Encouragement of Learning
- Thich Truong – Vietnamese Student Association, CVYG

2:05 – 2:30 pm

Afternoon Sessions Explorations

Youths: are given the opportunity to return to each of the 4 sessions from the afternoon, selecting the ones that most interest them, to further explore and discuss with the presenters, facilitators, experts and youth volunteers on that topic. It's open and not structured, youths are free to wonder about and talk to all the people on hand to answer their specific questions. The goal is to have them interact and dive deeper into the information presented in the morning.

Parents: will be invited to join this exploration time as observers so they can get a sense for what types of issues/questions their children have, and better understand how they can support them.

2:35 - 3:00 pm

Plenary Closing Session: (Husky Oil Great Hall)

Find your Inspiration & Take Action!

Closing Circle to review the day, and reflection time to write down goal for the year as well as conference evaluation form.